



Latics for all Latics for life

Welcome to the Oldham Athletic Community Trust newsletter.



This newsletter will provide you with all the latest information on our current programmes, forthcoming activities and provide updates on the work of Oldham Athletic in the local community.

In this newsletter you can read details of our work with schools, updates on our activities in the areas of Disability, Health, Inclusion, Education, Football development, Street Cheer and some general news about the Community Trust.

Notes from the Trust

With a quiet preseason on the pitch off the pitch we have been extremely busy at the Trust developing some new programmes and ensuring that initiatives we have been working on over the last 2 years are delivered to a high standard.



Some of the new programmes we are introducing include the appointment of our new Disability Officer, Kick & Cook which can be seen in the inclusion section of this newsletter and delivery of NVQ level Twos. We have one or two more plans in the offing for 2010 and are keen to strengthen our existing partnerships and where possible open some new doors.

We would welcome your feedback and look forward to working with many of you in the remainder of 2010!

Meet the New Member of the Team

Gilly Cunningham joined the Oldham Athletic Community Trust team at the end of February as the Disability Football Development officer in joint partnership with Manchester FA. Her time is split equally between the two partners. Her dual role will see Gilly developing opportunities for people who are unable to participate in mainstream football due to a disability, at every level.

Be it playing, coaching, refereeing, administration or as a spectator, Gilly is relishing the opportunity to make a difference for disabled people and their families and to raising the profile of Disability Football within the Oldham Area.

For further information on our activities around disability contact Gilly Cunningham on 0161 678 8464 or via e mail Gillian.cunningham@manchesterfa.com

Our supporters...

Latest news from OACT:

- Disability Officer
- LATICS project
- Football Development
- Inclusion
- Health
- Schools Program
- Street Cheer

Oldham Athletic Community Trust

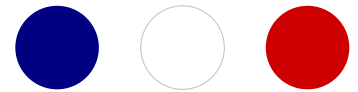
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Furtherwood Road,
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Our New Schools Programme



Oldham Athletic Community Trust is in the process of developing a schools information pack to promote all the activities (new & old) we have on offer. This will be distributed to all the Head teachers, PLT'S, SSCO's and PDM's within the borough. All activities will be available for Yrs 1 – Yrs 11

Activities to include:

Football, Futsal, 3 v 3 Football, Handball, Street Cheer, Cheerleading & Freestyle Female

Our coaches have visited and delivered in and after School sessions to the following Schools over the last few months;



In School sessions

- St Patricks RC Primary School - Football
- Broadfield Primary School - Football
- South Failsworth - Football
- Thornham St James CE School - Football
- Delph Primary School - Football
- East Crompton St George CE School - Football
- Hey with Zion Primary School - Football
- St Luke's CE Primary School - Football
- St Herbert's RC Primary School - Football
- Hathershaw College of Technology – Handball & Football
- Glodwick Infants – Futsal Taster
- St Margaret's CE Primary School - Football
- Coppice Primary School – Handball

For further information on our Schools activities contact Anthony Barlow on 0161 678 8464 or via e mail anthony.barlow@oldhamathleticct.org



After school sessions

- St Margaret's CE Primary School - Football
- Broadfield Primary School - Football
- Crompton Primary - Football
- South Failsworth - Football
- Buckstones Primary School - Football
- Hey with Zion Primary School - Football
- St Mary's CE High Crompton Primary - Football
- Thornham St James CE School - Football
- Medlock Valley Community Primary – Football

Other school activities included:

World Cup theme days in partnership with Laticzone

Our supporters...



Coach Education



The courses have delivered or will be running in the near future as part of our coach education programme is as follows;

FA Level 1 Certificate in Coaching Football– Venue: Failsworth School – May 22nd, 23rd & 29th & 30th

FA Level 1 Certificate in Coaching Football – Venue: Oldham St Anne’s A.R.L.F.C – 26TH, 27TH June & 3rd, 4th July

Emergency Aid and Referee’s Courses – TBC

The FA Safeguarding Children in Football Workshop - TBC



Volunteer With Latics

Our volunteering programme is going from strength to strength, with 15 volunteers now signed up and regularly attending our weekly activities.

One of our volunteers, Thomas Morris is attending an FA Level 1 Certificate in Coaching Football (free of charge) due to the amount of hours he has committed himself too , this is part of our volunteering pledge that enables us to offer a range of courses to our volunteers, who show commitment and enthusiasm for the roles they volunteer in.



The Princes Trust – Healthy Stadium Day

As part of their programme Team’s 072 & 073 enjoyed a Healthy Stadium day at Oldham Athletic FC where they all received a ground tour followed by an activity filled afternoon.

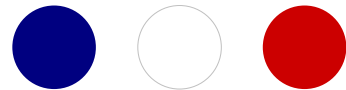
All the Team took part in a Healthy Eating workshop, one of which was delivered by Natalie Hill (Community Health Development Worker) from Oldham Community Health Service and the other by our partners at Oldham Community leisure. On the workshop they had to come up with their own favourite meals and then decide whether or not these were healthy choices, this prompted a group discussion. They also had to make their own meals from a selection of ingredients.

The rest of the afternoon was filled by a Q & A session with an O AFC player (Joe Jacobson) and a Wii games session.

For further information on our coach education and volunteer programs contact Anthony Barlow on 0161 678 8464 or via e mail anthony.Barlow@oldhamathleticct.org

Our supporters...





Kickz Cup 2010

On Saturday 20th March Oldham Athletic took 3 teams to the Regional “Why Let Drink Decide?” Tournament that was held at Blackburn Rovers Training Academy. Involved in the tournament alongside Oldham Athletic were Blackburn Rovers, Manchester United and Bolton Wanderers.

The participants from Oldham Athletics Kickz were all selected from the project that is delivered in Coldhurst over three evenings a week between 7pm -10pm. Players were chosen to represent Oldham Athletics Kickz project through displaying good attitudes, by attending training regularly and showing respect to the coaches and each other.



Positive attitudes displayed regularly by participants at Kickz were reflected at the tournament and resulted in the Under 18’s and 14’s picking up the fair play awards for their respective age groups. All teams showed great attitudes and ability on the day but it was the Under 16’s who progressed the furthest in the competition by narrowly losing in the final on penalties.

Due to the positive attitudes shown by the Kickz teams the under 14’s and 18’s team both qualified through to the regional semi-finals which were held at Sheffield United’s training academy. Both teams competed at Sheffield and were once again a credit to Oldham Athletic. The football displayed by each team was exciting and a pleasure to watch. However neither team managed to qualify through to the National finals which will be held at Manchester United’s Old Trafford for the Under 14’s and Derby County’s Pride Park for the Under 18’s.



Kickz & Cook



Since February and over 9 weeks as part of the Oldham Athletic Kickz program a group of 8 participants have been learning how to cook a range of dishes through the Kickz and Cook program which has been delivered with Oldham Community Health Services.

As part of Lewis attending the centre he also discussed with the group his training routine and what foods he eats preparing for training and matches.

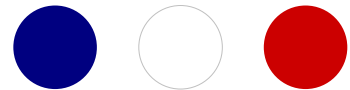
At the NHS Integrated Care Centre Latics 1st team player Lewis Alessandra visited the cooking sessions as the participants on the program prepared a 3 course meal.

The Kickz and Cook program is run over 9 weeks and teaches participants how to prepare and cook healthy meals. Alongside the cooking they are taught lessons around healthy eating and are also taken on a supermarket tour to learn how much the food costs that they have been preparing.

Our supporters...



No Place for Racism in Oldham Borough Tournament



On Sunday 25th April at Chapel Road in partnership with Oldham Race Equality Partnership and The Oldham Academy North, Oldham Athletic Community Trust and Integrated Youth Services, delivered the No Place for Racism in Oldham football tournament. The tournament pulled together participants who have been taking part in Oldham Athletics Kickz and 3 v Free sessions or Integrated Youth's Youth Only Zones.

The aim of the tournament was to promote community cohesion and this was achieved with the following 6 areas within Oldham being represented; Chadderton, Coldhurst, Medlock Vale, Royton & Crompton St James's and Saddleworth.



The day saw 90 plus young people between the ages of 12 and 18 taking part in the football competition. There were two main age groups who participated within the tournament and these were under 14's and 16's. The football displayed in both age groups was excellent which made for a very competitive competition which was also played in the right spirit.

In the under 14's final was a local derby between two teams from the Coldhurst Ward. One of the teams was made up of participants the YOZ at the OBA Millennium centre and the other from the Kickz project. It was an excellent final which saw the eventual winners from OBA taking a 2 – 0 victory.

In the Under 16's Chadderton and Royton & Crompton battled it out for the right to be crowned as champions. Another competitive final saw Chadderton come out on top with a 2 – 0 victory.

On the day there was a great emphasis put on attitude and fair play and this showed in the way that all players conducted themselves. With this in mind there were fair play awards within in each age group and both teams from Medlock Vale won due to their superb attitudes and sportsmanship throughout the competition. The final award of the day went to Hassan Ahmed from the under 14's Kickz team for the Overall Best Attitude.

James Mwale Inclusion and Kickz co-ordinator said:

"The No Place for Racism in Oldham campaign is such an effective campaign that drives the message of integration and unity within the borough. Combining this with football created such a positive day and seeing young people from different backgrounds taking part was such a positive result. The young people were a credit to Oldham and demonstrated a level of respect for each other that should be taken notice of."

For further information on any of our inclusion activities contact James Mwale on 0161 678 8464 or via e mail james.mwale@oldhamathleticct.org

Our supporters...





Hathershaw 3 v Free

We have been running sessions in partnership with Integrated Youth Services (IYS) and New Deals for Communities (NDC) at Hathershaw School since the start of the year.

The sessions have been a continuation from the successful scheme delivered at the Honeywell Centre throughout last year.

Once again the activities at Hathershaw have been a massive success seeing attendances in excess of 30 young people each Friday evening between 6:30pm – 8:30pm.

In conjunction with other youth diversionary activities provided within the area on a Friday evening such as the Respect Project, the sessions have contributed to the reduction in Youth ASB on a Friday evening within the Medlock Vale area.

Due to the success of the scheme and the need for further provision the activities will be extended in partnership between Oldham Athletic Community Trust, NDC and IYS through to Wednesday evenings 7pm – 8pm and Saturdays 7:30pm – 9:30pm.



Royton Friday Night Football

Since May 2009, Oldham Athletic Community Trust, Oldham Community Leisure and Integrated Youth Services have been providing diversionary activities in the Royton area targeting young people aged between 12 – 18 years. As part of this program of activities there is a Friday night football league which is now proving to be very popular.

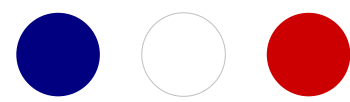
The Friday Night Football league @ Royton and Crompton works alongside the borough wide Youth Only Zone (YOZ) initiative delivered by IYS.

Currently there are 6 Teams competing in a 6 a-side league, with teams playing two 15 minute games every week and runs from 6pm - 8pm every Friday. Running alongside the league at the same time is an indoor football/multi sports session for young people under the age of 14, which provides an opportunity for them to turn up and play a variety of different sports in a safe and organised environment. The activities don't stop there because also on offer to youngsters are specialist dance sessions, which are also extremely popular.

For further information on any of our inclusion activities contact James Mwale on 0161 678 8464 or via e mail james.mwale@oldhamathleticct.org

Our supporters...





MEND

We have now started this 10 week programme at Holy Rosary School between 3:30pm to 5:30pm. At present we have 8 families booked on to the programme which equates to 16 children participating in our activities.

During the Mend Programme (5-7yrs old) we educate the children and parents towards a healthier life style, by making small changes to their eating habits as a family.

We also run a Power Time session where both parents and children have the chance to participate in tasting different types of Fruit and Vegetables by using the Power Wiggle technique.

Where?

We have just finished a 20 week Mend Programme aimed at 7-13 year old children above their ideal weight.

It went really well and we had 10 families attending regularly that being 10 adults and 16 children

The Monday night session was a pool session in which the children had the opportunity to participate in swimming fun and games activities using floats.

The other session was held in the dance studio in which the children took part in a variety of sports and activities. All in all a very good and enjoyable programme.



Adults Become Lighter on their feet with Latics

This is a new Weight management programme which Staff from Oldham Athletic Community Trust will be delivering at Bardsley Community Centre. The aims are to help males/females who are above their ideal weight, who are looking to make new lifestyle changes and become healthier and more physically active.

We are now on week 7 out of 12 of this programme and we had a total of 14 participants registered onto the programme and now we have 11 participants who attend regularly.

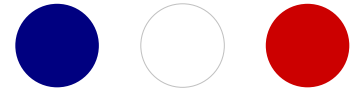
Every participant has lost weight in gradual stages and each person has lost between 3cm - 9cm off their waistlines. They have achieved these targets by carrying out and setting themselves SMART (Specific, Measurable, Achievable, Realistic, Time-bound) Goals each week.

We are now at the stage of the programme where we are now bringing in guest speakers to come and talk to the participants and give them the opportunity to progress on to further activities which are being delivered within the borough.

Our supporters...



Kick and Cook Program



The Kick and Cook with Latics Programme has been designed to educate and develop the participant's individual Knowledge and Skills towards a Healthier Life Style. Also to help them gain their own independence. During the Programme the participants will learn the eight themed topics from the Change4life Programme. On the ninth week they will also participate in a Supermarket Tour that will help the individual participants to make healthier choices and selections by understanding Food Labels whilst out shopping.

This program has been delivered successfully in conjunction with the Kick project so far and will now be working its way around the borough. The next move for the program is into the Medlock Vale area where participants who have been taking part in our football sessions at Hathershaw School will get the part to test their cooking skills on Friday nights starting this month.



Sports Relief Weekend

Saturday 20th March 2010

Oldham Athletic Community Trust carried out the Launch Day in support of Sports Relief at Boundary Park.

The Oldham Athletic Football first team players carried out their warm up in the donated Sports Relief T-Shirts and then each player signed their individual shirt before kick-off and threw them to the supporters. There were around 4,500 supporters who attended the match and got to hear about the various Sports Relief Activities which being delivered by various organisations throughout the borough.

Sunday 21st March 2010

Oldham Athletic Community Trust and Oldham Community Leisure Ltd supported by Sainsbury's store in Oldham continued the weekend in support of Sports Relief at The Radclyffe Secondary School which hosted the Sport Relief mile. On the day Oldham Athletics very own mascot Chaddy the Owl was present and took part in the run.

During the day we provided the following activities; Street Cheer, Freestyle football, 3 v 3 Free tasters, Face painting and balloon modelling.

Overall it was a successful day with over 250 people in attendance and a great atmosphere.

For further information on any of our Health activities contact Dale Newton on 0161 678 8464 or E-mail dale.newton@oldhamathleticct.org

Our supporters...





Our Work with Schools

Oldham Athletic Community Trust will be delivering with different partners across the borough of Oldham. The session will be of various activities (Football/Street Cheer) which will give the opportunity for participants to attend from within the different communities and to continue participating in Physical Activity. At present we have a Community Coaching sessions being run on Limeside Park for 32 weeks these sessions very well attended.

We are also looking at setting up some further Community Coaching sessions in the following areas, which will be run as our 3 v Free sessions the locations will be Crossley and Milne Street (Werneth).



Summer Holidays Activities

Oldham Athletic Community Trust will be delivering a full programme of Street Cheer, Striker 9 and Soccer Schools across the borough during the school holidays. The sessions will be held at the following venues;

Soccer Schools

- Royton & Crompton
- Saddleworth Pool
- Chapel Road
- Oldham Sports Centre

Street Cheer

- Chadderton Wellbeing Centre
- Failsworth Sports Centre
- Oldham Sports Centre
- Saddleworth Pool

To find out more about our Holiday Activity and our Community Coaching sessions contact Dale Newton on 0161 678 8464 or E-mail dale.newton@oldhamathleticct.org

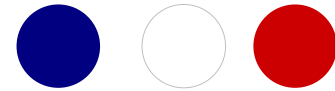
We will also be including the option of a Breakfast Club at our Soccer School and Striker 9 sessions.

At the Street cheer sessions the coaches teach dancers the latest cheers and dance routines throughout the week. At all venues participants are rewarded with medals and certificates.

For further information call 0161 678 8464 or e mail office@oldhamathleticct.org

Our supporters...





For further information on any of our Football Development activities contact Jamie Blood on 0161 678 8464 or via email jamie.blood@oldhamathleticct.org

Striker 9

The Striker 9 Award Scheme is a football programme for boys and girls between 5 and 16. Through a series of skills assessments you can progress through the nine award levels to achieve the ultimate Gold Award. Each letter of the word STRIKER represents a soccer skill:

- S – Shooting
- T – Turning
- R – Running with the ball
- I – In and out dribbling
- K – Keep ups / control
- E – ‘Ed the ball’
- R – Right and left football passing

Oldham Athletic Community Trust have partnered up with OCLL to create STRIKER 9 which offers a great chance for young people to develop as footballers and improve individual skills in a safe and friendly environment. There will also be a massive emphasis on improving participants’ basic life skills.



Oldham under 11s boys Community Cup

Following the success of the girls under 13s community cup, in which Royton and Crompton brilliantly represented Oldham Athletic it was the boys under 11s turn.

This year saw South Failsworth once again progress to the final and with the match ending in a one all draw the situation of penalties was once again upon us. This time South Failsworth succeeded on penalties with all the team scoring.

This year seen over 70 teams involved in the Oldham Community Cup, with South Failsworth excelling and moving into the Regional Competition.

Following on from the Regional’s South Failsworth travelled to Wembley stadium and were unfortunately unsuccessful in the final were they played? On the day all players were a credit to Oldham and can be proud of being part in a once in a life time opportunity in playing at the home of English football Wembley Stadium.

South Failsworth School were representing Oldham Athletic at the Regional Finals of the Community Cup, this was their second year running, with them losing in the Final on Penalties the previous year.



Our supporters...



Oldham Football Development



Oldham Athletic Community Trust have continued to develop grassroots football across the borough in Oldham, to ensure that the Local Area Plan is carried through.

We have some key enablers in place to aid the development of football in Oldham, these are as follows:

- Oldham Football Forum
- Football Development Group
- In House Events
- Coach Education Packages
- Match Day events

From the Local Area plan a few key areas have been highlighted which will be worked at through the summer of 2010. A new Under 18s Summer League has been put in place and 9v9 competitions for under 11s to aid the transition from 7v7 to 11v11.

The development of futsal is ever moving forward with the success of the Oldham Athletic Futsal Club first team igniting enthusiasm across the borough.



Street Cheer

From January 2010 to present date, we have been fortunate enough to teach street cheer to more than 920 children, within different communities. We have introduced street cheer to 25 Schools and other community venues.

In March we held our own Schools Street Cheer Competition. We had 105 children taking part which involved 24 boys and 81 girls. We catered for key stage 1, 2 & 3 we also arranged for one of our key stage 3 schools to do a display.



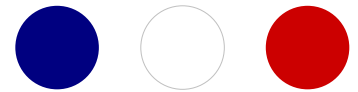
The day was a great success for all involved with St Margaret's School Hollinwood, coming out on top and winning overall. They also took their winning routine and performed at Oldham Athletic Football Club on the pitch before kick off when they played Gillingham.

Due to the success of our competition we are running a Street Cheer Competition at the Oldham Borough Games, which the local schools can take part in. This will take place at Alexandra Park on 19th June 2010.

We are lucky enough to be asked to take part in the Street Games again this year. In past years we have been very fortunate to take part in this event and consider it a privilege to help out again this year.

Our supporters...





Street Cheer

Back in December 2009 the children who take part in our regular street cheer sessions (The Blue Crew) were lucky enough to take part in Ruth & Hannah's Workshop. It was fantastic it was very helpful for all that took part. A lot of the tips and ideas they gave us we have instrumented to the best of our ability. We have also introduced the steps to go with the children's names and progress from their where they have a book and a bag to keep all their own routines together.

The Blue Crew is going from strength to strength. When we have completed our sessions in schools or community events some of the children have decided to join us on a regular basis. It is getting so popular that we are looking into to setting up regular classes in different communities.



Our future events are looking very fruitful with more schools and communities wanting us to do some activities with the children. We have organized a show night so the children taking part at Blue Crew can show off their incredible talent.

We have also been asked to take part in several charity events and summer fair's over the summer, which we see as a privilege to take part in.

Our supporters...



For further information on any of our Street Cheer activities contact Wendy Noble or Alison Slater on 0161 678 8464 or via e mail office@oldhamathleticct.org